

# uvex

PROTECTING PEOPLE



1. compress earplug by rolling it tightly between fingers



2. pull ear outwards and upwards to insert ear plug.



3. carefully insert compressed ear plug into ear.

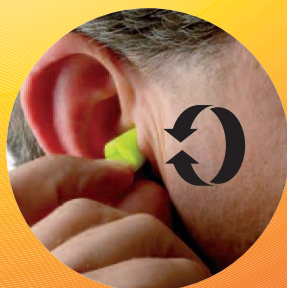
*do it right  
with...*  
**x-fit**



4. proper fit



5. improper fit



6. grasping by the "x" twist when removing